

Medicaid Waivers: Accessing Services and Funding to Support Your Child



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Accessing Services and Funding to Support Your Child



- **State System of Care**
- **Role of Local Community Centers**
- **Medicaid Basics**
- **Waiver Programs – Eligibility & Services**
- **Waiver Programs – Interest Lists**
- **Entitlement Program – Community First Choice**
- **System Change – Managed Care for Waiver Programs**

State System of Care



- **Through Federal and State Laws, Texas has responsibilities for ensuring a statewide system of care for individuals with intellectual and developmental disabilities.**
- **The State is required to budget for the provision of these services.**
 - Child/School Age requirements
 - Adult Long Term Services requirements
 - Maximizing Services with Federal Match: Medicaid Waivers, Waive Funding from Institutional Care to Community Programs

Role of Local Community Centers



- **Activities that Local Centers are authorized to perform, on the State's behalf, for individuals with Intellectual and Developmental Disabilities**
 - Required by laws and rules
 - Defined in State Contract with each Center
 - Mandated to assist families to access Medicaid Waivers and other funding sources for services

Role of Local Community Centers



- **Front Door for Medicaid Waivers**
 - Screening
 - Placement on Interest List for some Waiver Programs
 - Referrals to other Resources and other Waiver Programs
 - Eligibility Determination
 - Enrollment into HCS, TxHmL and CFC Programs
 - Service Coordination for HCS, TxHmL and CFC Programs

Medicaid Basics



- **Medical Health Coverage for eligible groups: pregnant, disabled, blind, aged.**
- **Long-Term Care for disabilities and seniors.**
- **Medicaid had previously covered only institutional long-term Care.**
- **Medicaid Waiver is flexible funding: Waived institutional rules to create community services and supports**
- **\$1 in Medicaid = 60% Federal/40% State**
- **Waiver eligibility based on person's income, not the families. Exception: TxHmL**

Waiver Programs



- STAR + PLUS Waiver
- Medically Dependent Children Program
- Community Living Assistance and Support Services
- Deaf Blind with Multiple Disabilities
- Home and Community Based Services
- Texas Home Living
 - Handout

Waiver Programs – STAR+PLUS



- **Eligibility**
 - Age: 21+
 - Medical/Disability: Meet Medical Necessity for Nursing Facility
 - Income: Monthly limit of \$2,163
 - Resources: No more than \$2,000 in countable resources
 - Determination: Assessment by Managed Care Organization (MCO)

Waiver Programs – STAR+PLUS



● Services

- Consumer Direction Available
- Service Coordination through Managed Care Organization (MCO)
- Adaptive Aids/Medical Supplies/Minor Home Modifications/Emergency Response System
- Therapies: OT, PT, Speech,
- Specialized Health: Nursing, Dental
- Personal Assistance Services
- Assisted Living (licensed, up to 6 bed), Adult Foster Care
- Respite Care (in home)
- Home Delivered Meals
- Transition Assistance Service

Waiver Programs - MDCP



- **Eligibility**
 - Age: Under 21 years of age
 - Medical/Disability: Meet Medical Necessity for Nursing Facility
 - Income: Monthly Limit of \$2,163 (Parent income does not count for child under 18)
 - Resources: No more than \$2,000 in countable resources
 - Eligibility: Assessment by Managed Care Organization

Waiver Programs - MDCP



- **Services**
 - Consumer Direction available
 - Service Coordination through Managed Care Organization (MCO)
 - Adaptive Aids/Minor Home Modifications
 - Employment Assistance/Supported Employment
 - Flexible Family Support – Personal Care Service (services that support independent living, participation in child care, participation in secondary education)
 - Respite
 - Transition Assistance (one time from Nursing Facility)

Waiver Programs - CLASS



- **Eligibility**
 - Age: All Ages
 - Medical/Disability: Related Condition (A developmental disability that occurred before the age of 22, and with Moderate to Extreme Adaptive Behavior Deficits); No IQ limitation
 - Income: Monthly Limit of \$2,163
 - Resources: No more than \$2,000 in countable resources
 - Determination: Assessment by Case Management Agency contracted with the state

Waiver Programs - CLASS



- **Services**

- Consumer Direction Available
- Case Management thru Case Management Agency
- Adaptive Aids/Medical Supplies/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech,
- Specialized Therapies: Auditory Enhancement/Integration, horseback riding, massage, recreational, music, aquatic
- Specialized Health: Nursing, Dietary, Dental, Prescription Rx
- Behavior Support Services
- Assisted Living (licensed, up to 6 bed), Residential habilitation
- Respite/Support Family Services/Continued Family Services
- Employment Assist./Supported Empl./ Habilitation/Pre-Voc

Waiver Programs - DBMD



- **Eligibility**
 - Age: 18 years or older
 - Medical/Diagnosis: Legally deaf, blind with a third disability resulting in need for daily habilitation
 - Income: Monthly Limit of \$2,163
 - Resources: No more than \$2,000 in countable resources
 - Determination: Assessment by Provider Agency contracted with state

Waiver Programs - DBMD



- **Services**

- Limited Consumer Directed Option available
- Adaptive Aids/Medical Supplies/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech, Hearing and Language
- Specialized Health: Audiology, Nursing, Dietary, Dental, Prescription Drugs
- Chore Provider, Orientation and Mobility, Environmental Accessibility
- Behavior Support Services
- Assisted Living (licensed, up to 6 bed), Residential habilitation
- Respite
- Employment Assistance/Supported Employment

Waiver Programs – HCS



- **Eligibility**
 - Age: All ages
 - Medical/Disability: Level of Care I or Level of Care II:
 - ✦ LOC I: Intellectual disability with IQ 69 or below, or IQ 75 or below with Related Condition and mild to extreme adaptive behavior deficits
 - ✦ LOC VIII: Related Condition (includes Autism, cerebral palsy, seizure disorders, spina-bifida) and Moderate to Extreme Adaptive Behavior Deficits
 - Income: Monthly Limit of \$2,163
 - Resources: No more than \$2,000 in countable resources
 - Determination: Psychological Testing by Local Community Center, demonstrated need for habilitation

Waiver Programs – HCS



- **Services**

- Consumer Direction Available
- Case Management through Local Community Center
- Adaptive Aids/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech,
- Specialized Health: Nursing, Dietary, Dental, Prescription Rx
- Behavior Support Services
- Residential (3 or 4 bed group home, Host Home/Companion)
- Respite
- Employment Assistance/Supported Employment
- Day Habilitation
- Transportation
- Transition Assistance Service
- Community First Choice like services: PAS/HAB

Waiver Programs – Texas Home Living



- **Eligibility**

- Age: All ages, must live in own or family home
- Medical/Disability: Level of Care I or Level of Care II:
 - ✦ LOC I: Intellectual disability with IQ 69 or below, or IQ 75 or below with Related Condition and mild to extreme adaptive behavior deficits
 - ✦ LOC VIII: Related Condition (includes Autism, cerebral palsy, seizure disorders, spina-bifida) and Moderate to Extreme Adaptive Behavior Deficits
- Income: Monthly Limit of \$2,163 (income of parent of individual under age 18 counts)
- Resources: No more than \$2,000 in countable resources
- Determination: Psychological Testing by Local Community Center, demonstrated need for habilitation

Waiver Programs – Texas Home Living



- **Services**

- CDS Available
- Case Management through Local Community Center
- Annual Cap: \$17,000 (CFC is not part of the CAP)
- Adaptive Aids/Minor Home Modifications
- Therapies: Audiology, OT, PT, Speech,
- Specialized Health: Nursing, Dietary, Dental, Prescription Rx
- Behavior Support Services
- Respite
- Employment Assistance/Supported Employment
- Day Habilitation
- Transportation
- Community First Choice like services: PAS/HAB

Waiver Programs: Interest Lists



- **There are Interest Lists for all Waiver Programs**
 - Legislature budgets for number of people to be offered enrollment from the Interest List each biennium
 - HCS and TxHmL: Texana Center, 281-239-1363
 - HCS and TxHmL: The Harris Center, 713-970-7000
 - All other Waivers: HHSC, 1-844-438-5658
- **There are no Interest Lists for Entitlement Programs**

Waiver Programs: Interest Lists



- HCS – 91,968
- TxHmL – 71,894
- CLASS – 65,745
- MDCP – 17,490
- DBMD – 374
- STAR PLUS – 11,498
- Unduplicated – 137,806
 - Current Statewide Numbers Effective 3/15/18

Entitlement Program: Community First Choice



● Eligibility

- Age: All ages
- Medical/Disability:
 - ✦ Must meet Medical Necessity OR
 - ✦ Level of Care I or Level of Care VIII
 - LOC I: IQ: 69 or below, or 75 or below with Related Condition and mild to extreme adaptive behavior deficits
 - LOC VIII: Related Condition, Moderate to Extreme Adaptive Behavior Deficits
- Income: Monthly limit of \$2,163
- Resources: No more than \$2,000 in countable resources
- Determination: Assessment by Managed Care Organization (MCO) for Medical Necessity OR Assessment by Local Center for LOC I or LOC VIII

Entitlement Program: Community First Choice



- **Services**

- Personal assistance services: Assistance with Activities of Daily Living/Instrumental Activities of Daily Living
- Habilitation services: Training and support to acquire, maintain, or enhance skills to accomplish ADLs/IADLs or health related tasks
- Emergency response services
- Support management: Voluntary training on how to select, manage and dismiss attendants

Texas Long-Term Services and Supports System Change: Medicaid Managed Care



- **Senate Bill 7: 83rd Legislature**
- **Timeline Changes by the 84th Legislature**
 - 2016 MDCP
 - 2020 Texas Home Living
 - 2021 HCS, CLASS, DBMD
- **The responsibility for managing long-term services and supports (Medicaid) for individuals with IDD will shift from State Agencies to Managed Care Organizations, in a structure that looks similar to how acute care (Medicaid) is structured**
- **The State will not pay Waiver providers, the state will pay the Managed Care Company a monthly rate based on the member's level of need, and the Managed Care Company will pay the Waiver provider**

Texas Long-Term Services and Supports System Change: Medicaid Managed Care



- **Medicaid Managed Care Responsibilities:**
 - Maintaining a network of credentialed providers
 - Authorizing Services
 - Service Coordination: Assistance with Accessing Providers
- **LIDDA Responsibilities:**
 - Eligibility determination
 - Functional Assessment
 - Case Management – Planning, monitoring, linking, crisis prevention and management
- **State Responsibilities:**
 - Contract oversight with the MCOs
 - Contract oversight with the LIDDAs
 - Regulatory oversight of Waiver Providers

Resources/Contacts



- Texas Health and Human Services Commission
 - www.hhsc.state.tx.us
- Texana Center
 - **Sheri Talbot, Director of Authority Services**
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